



2016 PozConnect Educational Lecture

Eating Yourself Healthy:

Healthy paths of food, comfort, and joy. A great presentation prior to the Holiday season!

Presented by: **Paul Adam Sanchez**
Nutritionist, yoga Instructor and Personal Chief

7:00pm Monday, November 21st.
Pridelines, 6360 NE 4th Ct. Miami, FL 33138
Main Program Room

We expect a good turnout & **space is limited!**
You must RSVP before noon 11/18/16 - Eddie@Pridelines.org



Bristol-Myers Squibb

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