



Holistic Services

November 2016



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Holistic Services Reiki Energy Healing Hernan Roman, 2 nd Monday Meditation Anuar L, Monday Massage Therapy Todd Jost LMT, every Tuesday Acupuncture Ana Lucia DOM, 3 rd Wednesday Gentle Yoga Willie Roman, every Thursday Chiropractic Adjustments Dr Lee Fraum, 2 nd & 4 th Thursday Reiki & Healing Circle Edgar V. 3 rd Thursday Hypnotherapy Silvia Todorov, 2 nd Friday			1 Massage 11-1:45pm	2	3	3	5
	6	7 Meditation 5-6P	8 Massage 11-1:45pm	9	10 Chiropractic 12-1pm Yoga 6-7:30Pm Reiki 7-8pm Healing Circle 8-9pm	11 Hypnotherapy 11-1pm	12
	13	14 Reiki 12-1:30pm Meditation 5-6P	15 Massage 11-1:45pm	16 Acupuncture 1-2pm	17 Center closed	18 Center closed	19
	20	21 Meditation 5-6P	22 Massage 11-1:45pm	23	24 Thanksgiving (closed)	25 Closed	26
	27	28 Meditation 5-6P	29 Massage 11-1:45pm	30			

Pridelines offers free Holistic Services to people living with HIV and other chronic conditions who are disabled, and to students and low-income individuals on a sliding fee scale. For more information or to schedule an appointment please email Eddie Orozco – eddie@pridelines.org

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