



Holistic Services

September 2017



Holistic Services	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Holistic Services Reiki Energy Healing Hernan Roman, 3rd Monday Massage Todd Jost LMT, every Tuesday Jose Sarazen LMT 1st and 3rd Tuesday Meditation Marilyn, Every Tuesday Hypnotherapy Silvia Todorov, 4th Tuesday Sound Therapy Andrea Sosa 3rd Tuesday Acupuncture Ana Lucia DOM, 4th Wednesday David Grimes DOM, 3rd Wed. Reiki & Healing Circle Edgar De Velasco 3rd Wednesday Mental Health Natasha Nescic Thursdays Gentle Flow Yoga Resumes in the Fall						1 Massage Therapy 12:30-3:00Pm	2
	3	4 Center Closed (Holiday)	5 Massage 12-1:30pm Meditation 6:30-7:30pm	6	7 Mental Health 5-7Pm (New)	8	9 Pet Project 10-12noon
	10	11	12 Massage 12-1:30pm Meditation 6:30-7:30pm	13	14 Mental Health 5-7Pm (New)	15	16
	17	18 Reiki 12-1:30Pm	19 Massage 12-1:30pm Sound Therapy (New) 6:30-8Pm (By Appointment) Meditation 6:30-7:30pm	20 Acupuncture 1-2pm 3:30-6Pm(New) By Appointment Reiki 6-7:30Pm	21 Mental Health 5-7Pm(New)	22 Massage Therapy 12:30-3pm	23 Center Saturday 10-12:30Pm Volunteer Training 1Pm-1:30Pm
	24	25	26 Hypnotherapy 12-2pm Meditation 6:30-7:30pm	27 Acupuncture 12:30-2pm	28 Mental Health 5-7Pm(New)	29	30

Pridelines offers free Holistic Services to people living with HIV and other chronic conditions who are disabled, and to students and low-income individuals on a sliding fee scale. For more information or to schedule an appointment please email Eddie Orozco – eddie@pridelines.org

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