

HOPE FOR A BRIGHTER DAY, INC

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Dr. Matilde Zayas is a Bilingual English and Spanish licensed Mental Health Counselor and she holds a doctorate in counseling psychology. She is also a certified hypnotherapist and specializes in vocational and avocational self improvement and is also a handwriting analyst. Within the field of hypnotherapy Dr. Zayas holds certifications in the following areas Hypnosis and Sports performance, Smoking Cessation, Hypnosis and Pain Management, Hypnosis for Immune Disorders, Past-Life Regression Therapist, Pre and Post Surgery Hypnosis, Healing the Inner Child with Hypnosis, Hypnosis and Transgender Clients, Hypnosis and ADD-ADHD, Hypnosis and Weight Loss Specialist Certified in Emergency Hypnosis and Hypnosis and Post-Traumatic Stress Disorder, Certified Specialist Trauma Recovery Hypnosis and many others. As a psychotherapist Dr. Zayas specializes in such areas as Domestic Violence, Human Sex Trafficking, Minor Sex Trafficking, Traumatic Brain and Spinal Cord Injuries and HIV/AIDS. She is Board Certified in Christian Counseling and is a member of the American Psychotherapy Association and Board Certified Professional Counselor, American Association of Integrative Medicine and Board Certified in Integrative Medicine. She holds Diplomate status in Traumatology from the American Board of Traumatology Examiners, A member of the American Hypnosis Association, member of the Hypnotherapists Union Local 472 and is currently a member of the American College of Forensic Examiners Institute and is a Certified Medical Investigator. Dr. Zayas is now Board Certified in Post Traumatic Stress Disorders Clinician from the American Psychotherapy Association. Certified Specialist Advanced Imagery and Certified Specialist Therapeutic Imagery Master, Certified Specialist Hypnosis and Tinnitus. She is also Certified Danger Assessment Assessor and is Licensed Domestic Violence Level VI Diplomate Status. As of December 15, 2016 I was awarded the privilege of providing services to the Miami Dade County Ryan White Program. Dr. Zayas also provides services for the Medicaid PAC Waiver program.

She will be providing Individual, Family and Group Counseling for the Ryan White program for the Mental Health Services.

Dr. Zayas is available for counseling session Monday through Fridays from 9:00 AM to 9:00 PM. If the client is unable to come to her private office, she will make arrangements to see the clients at their home during the hours of 9:00 AM to 3:00 PM Monday through Friday. She will see clients throughout the Miami-Dade County area.

Thank you for your Referrals!

