

*Join us LIVE on 10/31/17 at 2:00pm*

**Let's discuss the impact of trauma and resilience among brown and black women.**

## **This month's topic is: Trauma and Resilience**

For this installment of Chicas Charlando, we will discuss the role trauma plays in the lives of black and brown women. Trauma can be a part of many brown and black women's narratives. Chicas Charlando will explore the effects of trauma in our relationships, the meaning of healing, and how we can become resilient.

Join us and our guests as we discuss healing, resilience and trauma informed services for all women.

Watch Here

**Join the conversation on twitter using #chicascharlando**

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### *Chicas Charlando*

**A program of the Latino Commission on AIDS dedicated to giving women of color, especially Latinx women, a forum to discuss how race, gender, sexuality, class, and their intersectionalities affect our quality of life.**

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***Check out last month's cast!***



Chicas Charlando is a monthly webcast series with Latinx ladies discussing topics ranging from intimate partner violence to forming families.

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