



ABC's for Success, LLC Community Behavioral Health Center

www.ABCSFORSUCCESS.com
1550 South Dixie Hwy suite 203, Coral Gables, FL 33146

Psychosocial Rehabilitation (PSR)

PSR is Medicaid program which consists of a series of health classes that teach individuals necessary skills for independent living. PSR focuses on improving several aspects of well-being including:

- **LGBTQ Support and Services**
- **Social:** Relationships, Family, Boundaries, Communication, Self-Esteem
 - **Health/Medical:** Maintaining consistency of care
 - **Vocational/Educational:** Coping skills, motivation
 - **Community/Legal:** Resources
 - **Financial:** Budgeting
 - **Housing:** Safe environments
- **Basic Living Skills:** Hygiene, Meals, Safety, Planning, Chores
 - **Psychiatric:** Symptom management

Clients are provided with the tools, support, and resources needed to increase their capacity to be successful in the living, working, learning, and social environment of their choice.

Who will benefit from PSR?

Individuals who have behavioral health symptoms and are struggling with gender and orientation and require the skills needed for independent living.

Groups available for the following age groups:

Group 1: Adolescents ages 12-16

Group 2: Young Adults ages 17- 28

Where will PSR be Provided?

PSR services are provided in our facility. Services will be individualized and directly related to goals and improving function within a major life domain.

Interested in joining our PSR groups? Contact our office today!

Groups are available in the afternoon, three times a week!

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