



Scale It Up, Recruitment and Enrollment Center  
Center for HIV Educational Studies & Training  
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**HUNTER**  
The City University of New York

Dear Provider:

We are excited to announce the opening of a nationwide research study to support ART adherence in adolescents and young adults living with HIV. **SMART** ([www.etr.org/scaleitup/studies/smart/](http://www.etr.org/scaleitup/studies/smart/)) aims to improve ART adherence in order to suppress HIV viral load. This study is part of the Adolescent Medicine Trials Network (ATN) and funded by the NIH Eunice Kennedy Shriver National Institute of Child Health and Development ([www.nichd.nih.gov/research/support/atn](http://www.nichd.nih.gov/research/support/atn)). This study has been approved by the Institutional Review Board at Florida State University.

**Study description:** Although ART medication regimens have become simpler with several one pill a day options, adolescents and young adults often find adherence difficult due to daily life challenges they face.

This study aims to support youth and young adults who are not virally suppressed (viral load  $\geq 200$  copies/mL) either through cell phone support calls or text messages to remind them to take their ART. Participants who receive the cell phone support will receive the benefit of talking with an adherence facilitator each day that can support them with problem solving. Participants who receive the text messages will receive a daily reminder. In addition, if participants do not achieve viral suppression after 3 months, we will incentivize their participation in the cell phone support calls or text messages to determine if incentives strengthen their adherence efforts.

**Referrals:** Patients who have been prescribed ART for at least 3 months and have not achieved viral suppression may be eligible for SMART. **We are asking your assistance in referring patients to the study.** To screen for the SMART study, patients can do the following:

- Text “research” to 99-000
- Go to [chestnyc.org/SMART](http://chestnyc.org/SMART)
- Call 212-206-7919 to screen over the phone

Patients can contact the SMART study directly to screen for the study. While the participants are in the study, we may request their viral load results and ART regimen information from you via a release of information signed by your patient; however, you will not be asked to assist with enrollment, data collection, or study activities.

If you are interested in getting physical copies of the recruitment materials for your clinic, or if you would like more information about this research study, please do not hesitate to contact the *Scale It Up!* Recruitment and Enrollment Center. Please direct any of these questions or inquiries to Jesse Bradford-Rogers at [jbradford@chestnyc.org](mailto:jbradford@chestnyc.org).

Thank you again and we look forward to your support!

Sincerely,

Marvin Belzer, M.D.  
Protocol Chair

Karen Kolmodin MacDonell, Ph.D.  
Protocol Co-Chair