

Be Bold.  
Be Present.  
Be Heard.

# The Miami Speakers' Bureau: The Four Truths of Storytelling

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Prevention with Positives Coordinator



Sign In!

**Miami Speakers' Bureau:**

Please sign in: <https://www.surveymonkey.com/r/YDVDFV8>



Location: GOTOMEETING: <https://meet.goto.com/803632501>  
Date: 03/17/2022  
Time: 1:00PM – 3:00 PM  
Facilitator: ACKLYNN BYAMUGISHA  
LUIGI FERRER

### Agenda Items

1:00PM – 1:15PM

- **Warm -up Introduction:**
  - Who Are You? Who are We?

1:15PM – 1:30PM

- **Why Should You Tell Your Story?**
  - Changing the Collective Mindset

1:30PM – 2:15PM

- **The Four Truths of Being a Storyteller**
  - The Leader as a Storyteller
  - The Authenticity of Storytelling
  - Truth to the Audience
  - The Moment's Truth

2:15PM – 2:40PM

- **Example Role Model Stories**

2:40PM – 3:00PM

- **Next Steps**

# Agenda!

# Who Are You?

- Introductions:
- Share as much as you would like!



# The Miami Speakers' Bureau

**BE BOLD.  
BE PRESENT.  
BE HEARD.**



If you are a person living with HIV, the Miami Speaker's Bureau wants to help you share your personal story to create a change in our community! Join us and create your role model story! Together we can educate, inspire and empower others.



## Who Are We?: The Miami Speakers' Bureau

- The Miami Speakers' Bureau is a Florida Department of Health initiative that brings together individuals living with HIV to use their voice as a tool to end stigma in our communities
- The Miami Speakers' Bureau should aim to create role model stories based on personal accounts from individuals in our community
- These stories will be used to educate individuals on HIV adherence through evidence –based HIV prevention interventions and help them to put these lessons into everyday practice:
- Outcome goals can range: Individuals may..
  - Hear your story and find better ways to ensure that they are taking their medication everyday
  - Feel comfortable with disclosing their status
  - Join the Speakers' Bureau to share their stories also

To learn more contact Acklynn Byamugisha at 786-792-5288 or at [acklynn.byamugisha@flhealth.gov](mailto:acklynn.byamugisha@flhealth.gov)

**Upcoming Meeting: Thursday, March 17th, 2022  
1:00PM-3:00PM**

# Why Should You Tell Your Story?

- Throughout your life, what did you hear about HIV?
- Were you taught to be quiet about your status?
- Did you feel supported by the collective?



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# The Four Truths of Being a Storyteller:



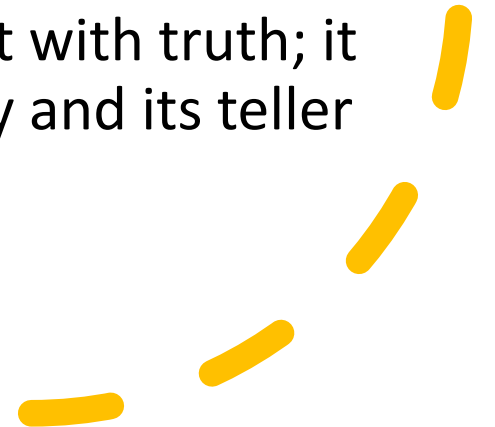
# The Leader as a StoryTeller

Misconception #1: Telling the story for entertainment:

- Although storytelling is a powerful tool to achieve results, the emphasis should not be placed on entertaining but maintaining your truth.

Misconception #2: Storytelling should not interfere with authenticity

- Great storytelling does not conflict with truth; it is built on the integrity of the story and its teller





# The Authenticity of Storytelling

## Be true to yourself!

- Storytelling requires showing and sharing emotion. HIV is a sensitive topic and sharing your story may make you feel emotional or more vulnerable than usual, which at times may not be easy.

Your story may expose your fears, anxieties, and more. The purpose is to allow your audience to identify with you and bring them to a point of understanding as well

- We also want to emphasize the importance of adherence!
  - Share the struggles you had in the beginning such as difficulty taking medication everyday, having to be aware of your status, and more!

# Truth to the Audience

- ❖ You will never fully know what your listener's are thinking, and you may say something that resonates with them, and you may not! The best thing you can do is to try to diversify and share your story with people outside of your niche!
  - Follow your instinct of who may be a good listener, and take their feedback
- ❖ How your audience responds to the story is also a part of the storytelling experience
  - Remember that it is not about being entertaining, but make sure your audience is at least listening and taking it in.

# The Moment's Truth

## The story is not a script!

- Think about how when you retell a story, do you tell it the same way each time? No! Tailor it to the situation
  - The context of the story is a part of the story itself

## Your story should capture the mission:

- To enhance behavioral change in our community
- Destigmatize HIV
- Encourage others to take power in their status: undetectable=untransmissible!



# Example Role Model Stories:

Catrice:

<https://www.iwesnola.org/role-model-stories/2019/3/27/catrice>

Mateo (Spanish):

<https://www.iwesnola.org/role-model-stories/2019/3/27/mateo>

Mateo (English):

<https://www.iwesnola.org/role-model-stories/2018/6/6/mateo>

# Next Steps with Miami Speakers' Bureau



Receive emails with upcoming events taking place each month



Bring your stories next meeting! – we will start a rotating schedule to share!

Receive opportunities to perfect your storytelling skills through bi-monthly meetings, and future events



Invitation to help recruit and welcome members you feel would need benefit from this space



WE WANT TO HEAR FROM YOU! This is your space!

## TEST MIAMI



- New Test Miami Website
  - Visit us at [www.testmiami.org](http://www.testmiami.org)
- Free Community Requests
  - Request the mobile testing unit, educational sessions, HIV home test kits
- Free condoms delivered to your HOME
  - Receive a condom kit: Male condoms, female condoms, lubricants, dental dams

## TEST AND TREAT

- Linkage to Care is a process in which people testing positive for HIV are assisted in accessing care and treatment for their HIV infection. Our goals are to increase the number of people who know their HIV status, remain in treatment on antiretroviral (ARV) therapy, and maintain a suppressed viral load. Counseling and testing programs support people finding out their HIV status.
- The Miami Dade HIV/AIDS Partnership page provides links to agencies and individuals providing services including medical case management, medical care, dental care, legal assistance and housing assistance to HIV+ individuals.
- For more information on HIV medical case management, treatment and other services, please visit the following links.
- **TTRA Rapid Access to Medical Care for HIV new or lost to care clients.**
  - [TTRA Providers List - Click Here](#)
  - [Ryan White Part A Services](#)
  - [Ryan White Program Brochure](#)
  - [AIDS Drug Assistance Program \(ADAP\)](#)
  - [AIDSnet.org](#)



# Test and Treat

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## Testing/PrEP Resources



- We currently have two clinics for testing of STDS:
- Health District Center: 1350 NW 14 Street Miami, FL 33125
  - HPV Vaccine 305-575-3810
- STD Clinic - West Perrine Health Center: 18255 Homestead Avenue Miami, FL 33157
- PrEP Clinic: 305-575-3800 Option 3
- PrEP Locator: <https://prelocator.org/>
- We provide free testing every Wednesday at the following location: 2515 West Flagler Street. By appointment only. Call: (786) 792-5269

## FDOH Resources



- Breast and Cervical Cancer Screenings
  - Free mammogram and pap smear if you are between 50-64 years of age, have no insurance, low income and live in Miami-Dade or Monroe County. Contact Number: 305-470-5634
- Family Planning
  - Free pregnancy test, birth control options, emergency contraception pill, and referrals and more. Contact Number: 786-336-1437
- Dental Services
  - Dental examinations, cleanings, x-rays, fluoride treatment, extractions, dental fillings, sealants, emergency visits: Contact Information: Dr. Rafael Penalver 971 NW 2 Street Miami, FL 33128, 786-336-1437
- Women, Infant and Children (WIC) & Nutrition Program:
  - Free breastfeeding aid and support via certified lactation consultants
  - Find the local office by calling: 1-800-342-3556



Alberto Jose Perez

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FOUNDATION

*Congratulations! Storytellers*

WELCOME TO THE MIAMI SPEAKERS' BUREAU !