

# COPING WITH COVID

## EMOTIONAL SUPPORT LINE



**STRESSED? OVERWHELMED? WORRIED? NEED A LITTLE SUPPORT?**

IF YOU ARE HAVING A DIFFICULT TIME COPING AND ADAPTING DURING THIS PANDEMIC, OUR TRAINED MENTAL HEALTH PROFESSIONALS ARE AVAILABLE 24/7 BY PHONE TO SUPPORT YOU AND HELP YOU DEVELOP NEW WAYS TO COPE.

**24/7 COUNSELING HELPLINE**

**(786) 829-0099**

WE ARE NOT THE SUICIDE HOTLINE 1-800 273 TALK  
PEPSICO, PEACOCK FOUNDATION, MIAMI FOUNDATION & MUJER INC.

