

## MENTAL HEALTH SERVICES

*(Year 35 Service Priorities: #7 for Part A and #6 for MAI)*

Excerpt from the *Miami-Dade County Office of Management and Budget Grants Coordination/Ryan White Program FY 2025 (Year 35) Service Delivery Manual* for the Miami-Dade HIV/AIDS Partnership's Community Coalition Roundtable; March 31, 2025

**Mental Health Services** are a set of core medical services that consist of counseling and treatment for diagnosed behavioral health disorders. These services are designed to reduce harmful behaviors and episodes of instability and improve mental status and client health outcomes. These Mental Health Services include the provision of outpatient psychological and psychiatric screening, assessment, diagnosis, treatment, and counseling services offered to people with HIV. Services are based on an individualized treatment plan and are conducted in group and individual sessions. All services are provided by mental health professionals licensed or otherwise authorized within the State of Florida to render such services. All clients receiving this service must have at least one mental or behavioral health diagnosis specified in the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, Text Revision (DSM-5-TR) or International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM; Codes F01-F99, excluding "Mental and behavioral disorders due to psychoactive substance use" – codes F10-F19).

Mental Health Services require an individualized treatment plan, as noted above. Treatment plans incorporate the findings of assessment and diagnostic tools and specify the goals and objectives to be achieved during the treatment episode. The treatment plan also specifies the recommended clinical interventions and frequency with which these interventions shall be delivered. Mental health providers may use this service category to conduct the assessment and diagnostic steps for the development of a treatment plan. If ongoing mental health services are being provided to a client, it is expected that the client receives a mental health treatment plan at least every six months.

Excerpt from the *Miami-Dade County Office of Management and Budget Grants Coordination/Ryan White Program FY 2025 (Year 35) Service Delivery Manual* for the Miami-Dade HIV/AIDS Partnership's Community Coalition Roundtable; March 31, 2025